# My student has been told to stay home due to COVID-19. Now what?

# Isolation

#### What does this mean?

Isolation separates sick people with a contagious disease from people who are not sick.

Your student has been diagnosed with COVID-19 Your student is waiting for their test result

Your student has symptoms of COVID-19 but has not been tested or exposed

### Isolate your student from others

Contact your student's healthcare provider to receive further direction and/or consider getting your student tested if you haven't yet.

## Contact the school and let them know

- •Stay home until **ALL** these conditions are met:
  - 1. At least 10 days have passed since your symptoms first appeared.
  - 2. Symptoms have improved.
    - AND
  - 3. No fever for at least 24 hours without fever reducing medicine.
- •Keep your students in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.
- •If your student has symptoms of COVID-19, without a known exposure, and they receive an alternate diagnosis by a healthcare provider and/or their COVID-19 test is negative, you may go back to daily activities **24 hours after** student's fever and other symptoms resolve. Documentation of an alternate diagnosis and/or negative test would need to be provided to the school upon return.